



UNIVERSITY OF OKLAHOMA WRESTLING

10-1 Overall, 0-1 Big 12
IN THE POLLS
T-17 N.W.C.A.
18 W.I.N.

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2007-2008 SCHEDULE

DATE	OPPONENT	TIME	SCORE
11/4	Missouri Valley/OCU/ Neosho CC	ALL DAY	47/44-0 50-3
11/10	at SUNY-Brockport Classic	ALL DAY	1st Place
11/15	North Carolina State	7 p.m.	W , 30-9
11/24	Oklahoma Open#	ALL DAY	
12/2 12/7	at Oklahoma State at Central Oklahoma	2 p.m. 7 p.m.	L , 9-21 W , 27-6
1/5	at Lone Star Duals (Navy/Cal-State/N. Carolina)	ALL DAY	W , 28-6 27-6, 27-6
1/12	MICHIGAN STATE/PITTSBURGH	2 p.m.	W , 29-7, 17-15
1/18 1/20	TENN. CHATTANOOGA WISCONSIN \$	7 p.m. 6 p.m.	
1/25	IOWA STATE	7 p.m.	
2/1	ARIZONA STATE	7 p.m.	
2/8	at Missouri	7 p.m.	
2/10	at Nebraska	2 p.m.	
2/15	CAL POLY**	7 p.m.	
2/21	OKLAHOMA STATE	7 p.m.	
3/8	Big 12 Championships (Stillwater, Okla.)	ALL DAY	
3/20-22	NCAA Championships (St. Louis, Mo.)	ALL DAY	

KEY

All CAPS indicate home matches
Lloyd Noble Center
* Ford Center-Oklahoma City
** Lloyd Noble Center, Beauty and the Beast
\$ Ford Center, Oklahoma City

SOONERS AND MOCS COLLIDE IN TOP 20 MATCHUP



OKLAHOMA
SOONERS
Ranked No. 17
(10-1 record)

PROBABLE STARTERS

125 - Joey Fio
133 - Brian Shelton
141 - Zack Bailey
149 - Will Rowe
157 - Chad Terry
165 - Max Dean
174 - Jeff James
184 - Joshua Weitzel
197 - Joel Flaggert
Hwt. - Nathan Fernandez



UT-CHATTANOOGA
MOCS
Ranked No. 19
(5-4 record)

PROBABLE STARTERS

125 - Javier Maldonado
133 - Steve Hromada
or Demetrius Johnson
141 - Cody Cleveland
149 - Joey Knox
157 - Seth Garvin
165 - Nick Davis
174 - Lloyd Rogers
184 - Josh Edmondson
197 - Matt Koz
285 - Matt Lettner

SETTING THE SCENE

Today's Schedule:
Match Begins at 7 p.m.

Date: Friday, Jan. 18, 2008
Location: Norman, Okla.
Venue: Howard McCasland Field House (3,341)
TV: None
Webcast: SoonerSports.com

Promotions: First 500 fans receive an OU team photo. Raffle will also take place with a lucky fan taking home a 26-inch flat screen television.

A post-match autograph session is also scheduled with the wrestling team and Dr. Death.



SOONERSPORTS.COM

PINNING IT DOWN

NORMAN, Okla. -- Oklahoma is scheduled to dual against its second straight Top 20 opponent when it hosts No. 19 Tennessee-Chattanooga this Friday, Jan. 18, at the Howard McCasland Field House in Norman at 7 p.m.

No. 17 Oklahoma is coming off a successful double-dual last Saturday in Norman, claiming victories over Michigan State (29-7) and Pittsburgh (17-15). OU moved to 10-1 on the year, marking the 13th straight season of 10 victories or more under head coach Jack Spates.

Oklahoma has six wrestlers ranked this week. Brian Shelton is No. 13 at 133 pounds, Zack Bailey is No. 11 at 141 pounds and 149-pound Will Rowe is No. 9. Max Dean is No. 20 at 165 pounds, Joshua Weitzel is No. 7 at 184 pounds and Joel Flaggert ranks a season-best No. 3 nationally at 197 pounds.

The University of Tennessee-Chattanooga also has six ranked among the nation's best. Javier Maldonado is No. 9 at 125 pounds, Steve Hromada is No. 19 at 133 pounds and Joey Knox ranks No. 20 at 149 pounds. Seth Garvin is No. 20 at 157 pounds and Lloyd Rogers and Matt Koz both rank No. 14 at 174 and 197 pounds, respectively.

After the Friday matchup, the Sooners travel up I-35 to the Ford Center in Oklahoma City on Sunday, Jan. 20, for a dual versus No. 13 Wisconsin at 6 p.m.

Oklahoma State and Nebraska will also dual alongside the Sooners, with ESPN set to televise the matches to a nation-wide audience.

OKLAHOMA WRESTLING -- HOME OF SEVEN NATIONAL CHAMPIONSHIPS

OKLAHOMA QUICK FACTS

LOCATION: Norman, Okla.

FOUNDED: 1890

ENROLLMENT: 30,000

NICKNAME: Sooners

COLORS: Crimson and Cream

VENUE: Howard McCasland Fieldhouse

CAPACITY: 3,341

CONFERENCE: Big 12

PRESIDENT: David L. Boren

ATHLETIC DIRECTOR: Joe Castiglione

NWCA/InterMat Coaches Poll

Team

1. Iowa
2. Oklahoma State*
3. Nebraska*
4. Michigan
5. Minnesota
6. Ohio State
7. Penn State
8. Iowa State
9. Central Michigan
10. Northwestern
11. Missouri*
- T12. Hofstra
- T12. Wisconsin*
14. Edinboro
15. Illinois
16. Cornell
- T17. Indiana
- T17. Oklahoma**
19. UT-Chattanooga*
20. Pittsburgh*
21. Maryland
22. Old Dominion
23. Navy*
24. Cal-State Fullerton*
25. Kent State

NOTE: * Indicates 2007-08 OU opponents

W.I.N Magazine Poll

Team

1. Iowa
2. Nebraska
3. Michigan
4. Minnesota
5. Oklahoma State
6. Ohio State
7. Penn State
8. Iowa State
9. Northwestern
10. Central Michigan
11. Hofstra
12. Missouri
13. Illinois
14. Cornell
15. Indiana
16. Wisconsin
17. Edinboro
- 18. Oklahoma**
19. Old Dominion
20. Pittsburgh
21. Boise State
22. UT-Chattanooga
23. Maryland
24. Kent State
25. Penn

LAST TIME OUT

No. 17 Oklahoma is coming off a double-dual win last Saturday in Norman, claiming victories over Michigan State (29-7) and Pittsburgh (17-15).

OU moved to 10-1 on the year, marking the 13th straight season of 10 victories or more under head coach Jack Spates.

HOME STREAK

Today's match marks the second straight home dual for the Sooners. In fact, OU is set to dual its next four in the state of Oklahoma. After tonight, the Sooners head to the Ford Center in Oklahoma City on Sunday, Jan. 20 versus No. 13 Wisconsin at 6 p.m.

Bouts against Iowa State (1/25) and Arizona State (2/1) follow, with the Sooners hosting both at the Howard McCasland Field House in Norman.

HART BACK IN TOWN

Rick Hart, Athletic Director for UT-Chattanooga, is the former Senior Associate A.D. for the Sooners. Hart took the job with the Mocs in May of 2006 after leaving his post at Oklahoma. He spent seven years in Norman.

DR. DEATH AT THE FIELD HOUSE

Steve Williams, a.k.a. "Dr. Death," is one of only 10 wrestlers in the OU program's history to be named a four-time All-American. Wrestling under Coach Stan Abel, Williams was a two-time Big 8 champion for the Sooners and was the national runner-up in 1981.

Williams also played football under Coach Barry Switzer, and was part of two teams that won the Big 8 championships and played in five bowl games, including three trips to the Orange Bowl.

Dr. Death is known nation-wide after he joined the Universal Wrestling Federation and had great success in the professional

wrestling ranks after graduating from OU. He became the World Heavyweight Champion in 1987 and tag team champion in 1986 and 1988. He also had a successful stint in Japan where he won countless titles and belts overseas, including the 1994 All-Japan Triple Crown.

UNDEFEATED

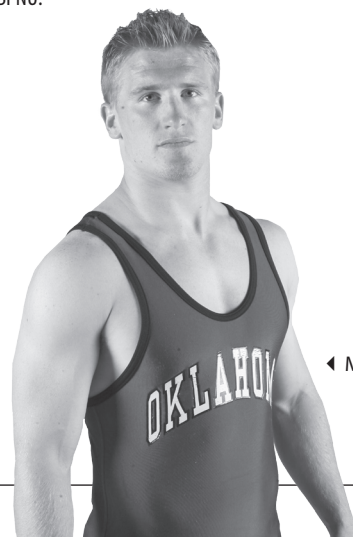
Two Sooners on the roster boast an undefeated record heading into today's matches. Seniors Joshua Weitzel (10-0 dual record, 17-0 overall) and Joel Flaggert (10-0 dual record, 16-0 overall) look to keep the streak alive against the Mocs.

Junior Will Rowe is also undefeated in duals this season. The Arlington, Texas native is 10-0 on the year.

NEXT UP

The Sooners travel up I-35 on Sunday, Jan. 20, to the Ford Center in Oklahoma City for a dual against No. 13 Wisconsin. The Sunday showdown begins at 6 p.m.

OU will wrestle alongside Oklahoma State and Nebraska. The matches are set to be televised to a nation-wide audience by ESPNU.



◀ Max Dean

PROBABLE OKLAHOMA STARTERS

WT.	NAME	YR.	HOMETOWN	HIGHSCHOOL	RECORD
125	Joey Fio	Fr.	Sandpoint, Idaho	Sandpoint HS	14-4
133	John Starzyk	So.	El Reno, Okla.	El Reno HS	10-7
141	Zack Bailey (No. 11)	RFr.	Kansas City, Mo.	Oak Park HS	24-4
149	Will Rowe (No. 9)	Jr.	Arlington, Texas	Lamar HS	17-2
157	Chad Terry	So.	Midwest City, Okla.	Carl Albert HS	14-2
165	Max Dean (No. 20)	Sr.	Cincinnati, Ohio	Lakota West HS	16-2
174	Jeff James	RFr.	El Reno, Okla.	El Reno HS	14-4
184	Joshua Weitzel (No. 7)	Sr.	Lincoln University, Pa.	Oxford HS	17-0
197	Joel Flaggert (No. 3)	Sr.	Choctaw, Okla.	Choctaw HS	16-0
HWT.	Nathan Fernandez	RFr.	Lawton, Okla.	MacArthur HS	11-6

Head Coach: Jack Spates (15th Season, 193-84-11)

Assistant Coaches: Robbie Waller and Jeremy Spates

SCOUTING THE MOCS

UT-CHATTANOOGA PROBABLE STARTERS

WT.	NAME	YR.	HOMETOWN	RECORD
125	Javier Maldonado(No.9)	Sr.	Kissimmee, Fla	10-5
133	Steve Hromada (No.19) or Demetrius Johnson	Sr. Fr.	Wheatley Heights, N.Y. Memphis, Tenn.	13-4 4-0
141	Cody Cleveland	So.	Tullahoma, Tenn.	17-5
149	Joey Knox (No.20)	So.	Dublin, Ga.	14-8
157	Seth Garvin (No.20)	Sr.	Hoover, Ala.	15-4
165	Nick Davis	Jr.	Gainesville, Fla.	7-8
174	Lloyd Rogers (No. 14)	Sr.	Palm City, Fla.	16-3
184	Josh Edmondson	Sr.	Medical Lake, Wash.	13-9
197	Matt Koz (No. 14)	Sr.	Strongsville, Ohio	13-5
285	Matt Lettner	Fr.	Chattanooga, Tenn.	7-7

Head Coach: Chris Bono (Iowa State, 1997) Second Season

Assistant Coaches: Nate Gallick and Israel Silva

The Chattanooga wrestling program has dominated the Southern Conference since joining the league in 1978, winning 22 Conference Championships in that span.

Under the direction of second-year Head Coach Chris Bono, the Mocs have resurfaced on the national scene. Bono led the Mocs to a 16-1 overall record last year, a SoCon title and a 20th-place finish at the NCAA Championships.

Bono's squad has not shied away from challenging the nation's elite programs. While UTC is 5-4 in duals this season, it has defeated then-No. 8 Ohio State and lost to No. 1 Penn State, No. 8 Missouri, No. 9 Northwestern and Northern Iowa.

UTC captured first place at the Keystone Classic in November, placed seventh at the Mid-lands Championships in December and were invited to the National Duals last week.

The Mocs achieved their highest national ranking in the Division I era when they reached No. 10 on Dec. 11, 2007 in the NWCA/IntermatWrestle.com poll.

THE MATCHUPS		1	2	3	OT/FINAL
125	JAVIER MALDONADO (UTC, 10-5) vs. JOEY FIO (OU, 14-4)				
133	STEVE HROMADA (UTC, 13-4) or DEMETRIUS JOHNSON (UTC, 4-0) vs. JOHNNY STARZYK (OU, 10-7)				
141	CODY CLEVELAND (UTC, 17-5) vs. ZACK BAILEY (OU, 24-4)				
149	JOEY KNOX (UTC, 14-8) vs. WILL ROWE (OU, 17-2)				
157	SETH GARVIN (UTC, 15-4) vs. CHAD TERRY (OU, 14-2)				
165	NICK DAVIN (UTC, 7-8) vs. MAX DEAN (OU, 16-2)				
174	LLOYD ROGERS (UTC, 16-3) vs. JEFF JAMES (OU, 14-4)				
184	JOSH EDMONDSON (UTC, 13-9) vs. JOSHUA WEITZEL (OU, 17-0)				
197	MATT KOZ (UTC, 13-5) vs. JOEL FLAGGERT (OU, 16-0)				
HWT.	MATT LETTNER (UTC, 7-7) vs. NATHAN FERNANDEZ (OU, 11-6)				

Scoring Key: Takedown- 2 pts., Escape- 1 pt., Reversal- 2 pts., Nearfall- 2-4 seconds 2 pts., 5 seconds 3 pts., Penalty - 1 pt., Two stalling calls - 1 pt.

Jan. 12, 2008

WRESTLING RULES AND DEFINITIONS

WRESTLING POSITIONS

•**Starting Positions**- There are four starting positions in wrestling. Here are the four and their definitions:

1. Neutral Position- The match will start with both contestants standing opposite each other with their lead foot on the green or red area of the starting lines and their other foot even with or behind the lead foot. This is the neutral position in which neither wrestler has control.

2. Defensive Wrestler- The defensive wrestler takes a stationary position at the center of the mat with both hands and knees on the mat, as directed by the referee.

3. Offensive Wrestler- The offensive wrestler shall be on the right or left side of the opponent with at least one knee on the mat and head on or above the midline of the opponent's back.

4. Optional Offensive Starting Position-The offensive wrestler may choose to take a position on either side or to the rear of the defensive wrestler with both hands on the opponent's back, thumbs touching. The wrestler must indicate his intent to the referee.

•Stalemates

When the contestants are interlocked in a position other than a pinning situation in which neither wrestler can improve position, the referee shall stop the match as soon as possible and wrestling will be resumed.

•Position of Advantage

This is a situation in which a contestant is in control and maintaining restraining power over the opponent. Control is the determining factor. The offensive wrestler is entitled to this advantage until the opponent gains a neutral position or a reversal.

•In Bounds

Contestants are considered to be in bounds if the supporting parts of either wrestler are inside the inside edge of the boundary lines. These supporting parts, such as the knees, the side of the thigh, the buttocks and the hands, bear the wrestler's weight. Wrestling will continue as long as the supporting parts of either wrestler remain in bounds.

•Resumption of Wrestling After Out of Bounds

The contestants at the resumption of a match shall be in the neutral or the starting position on the mat as determined by the position held upon going out of bounds.

SCORING OPPORTUNITIES

•Takedown

A takedown shall be awarded when, from the neutral position, a contestant gains control and places the opponent's supporting points down on the mat beyond reaction time.

•Escape

A defensive wrestler is awarded an escape when the offensive wrestler loses control of the opponent while the supporting points of either wrestler are in bounds.

•Reversal

A reversal occurs when the defensive wrestler comes from underneath and gains control of the opponent, either on the mat or in a rear-standing position.

•Near Fall

A near fall is a position in which the offensive wrestler has the opponent in a controlled pinning situation. When the following criteria are met for two seconds, two points are awarded. When met for five uninterrupted seconds, three points are awarded. The criteria are as follows: 1) the wrestler is held in a high bridge or on both elbows, 2) one shoulder or the head is touching the mat and the other shoulder is held at an angle of 45 degrees or less to the mat, or 3) any part of both shoulders or both scapulae are held within four inches of the mat.

•Time Advantage

The offensive wrestler who has control in an advantage position is gaining time advantage. If the contestant with the greater time advantage has less than one minute of net time advantage, no point is awarded. If a contestant has one minute or more of net time advantage, that wrestler is awarded one point.

END OF MATCH

•Fall

Any part of both shoulders or part of both scapulae of either wrestler held in contact with the mat for one second constitutes a fall. The one-second count (one-thousand-one) shall be a silent count by the referee and shall start only after the referee is in position to observe that a fall is imminent.

•Technical Fall

A technical fall occurs when a wrestler has earned a 15-point advantage and a near fall over the opponent.

•Major Decision

A major decision occurs when the margin of victory after three periods is eight through 14 points.

•Decision

A decision occurs when the margin of victory is fewer than eight points. A decision also is credited to the wrestler who is awarded the first point in an overtime match that does not end with a fall, default or disqualification.

•Default

A default is awarded in a match when one of the wrestlers is unable to continue wrestling for any reason. A default should be included as a win or loss in each wrestler's season record.

•Disqualification

A disqualification is a situation in which a contestant is banned from participation in accordance with a pre-determined penalty table. A disqualification shall be included as a win or loss in each wrestler's season record.

•Forfeit

A forfeit is received by a wrestler when the opponent, for any reason, fails to appear for the match. In order to receive a forfeit or medical forfeit, the nonforfeiting wrestler must be dressed in a wrestling uniform and appear on the mat. A forfeit or medical forfeit shall be included as a win in the victor's season record. In the event of injury or illness, a contestant may declare a medical forfeit, which counts as a win but not as a loss on the record.